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Alla resor uppfyller kraven på **ekoturism**, och erbjuder goda **fotomöjligheter**.

Vi reser alltid i **små grupper**. Reseinfo: www.naturresor.com

Packing list for Red Panda.

Weather -

"Acuweather" is pretty accurate and you can download an App on your phone.

Acuweather Report:

In any case, we will be in eastern Himalayas and weather is pretty unpredictable there and its a good idea to prepare for all variations :) There are chances , it may be sunny and you will curse me for making you pack things or perhaps bless me if there is snowfall and you have that extra layer of clothing to keep you warm!

It should be about 20 degrees in the Day and can go to as low as sub zero (-2) degrees if there is Rain or snowfall.

Battery Charging

We will have charging facilities but please keep extra batteries for your electronics, Just in case. Each room has charging station that will work when the generator is turned on.

Food

We have a trained chef and Habre's Nest who will prepare wholesome and tasty food for you.

THINGS TO CARRY - The one in Bold are very Important

Please carry Power Banks and extra batteries for camera.

Personal Water Bottle to minimize the use of plastic.

Personal Towels. (although we have good high quality bed and bathroom linen at the Habre's Nest)

Leech Guard (please let me know if you do not get one in the market).

Poncho (It covers the body and your bag-pack if it rains).

Rucksack OR Day Pack bag (This will be useful during our treks or walks)

Cap

Jacket (preferably water proof)

Thermal Inners - preferably nylon

Monkey Cap, Muffler, Gloves, Socks (All woolen or fleece)

Sun Glasses (other than blue shades)

Cold Cream, Sun Screen Lotion , Lip Guard

Torch with extra cells.

Shoes optimal for trekking. (with ankle support if you have)

Adequate T Shirts, Trousers, Underclothing.

Hand Towel, Napkin, Handkerchief.

Personal Toiletries like Tooth paste/brush, Sanitizer, Soap, Shaving Kit etc.

Personal Medicine Kit.

Waist Pouch.

Camera.

Binoculars.

Chocolates/Dry fruits.

Small extension board to charge your electronic gadgets.

Mobile to play calls (Optional)

***Please note that the Kit List mentioned is a standard one for all our Himalayan trips, hence one can make a few changes as per personal preferences.**

We will be carrying a basic medical kit for us.

PLEASE NOTE: As Habre's Nest is located at around 2,700 meters above sea level and we may be going to points above 3,000 meters it is best to visit a physician before coming so that he / she can suggest some medicines for high altitude sickness. This is a precautionary measure.

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